## WHAT IS CLAIMED IS:

- 1. An insulating vessel comprising: a housing is formed by a plurality of housing parts which engage each other in a telescopic manner; an inner holding container with a closable opening, said inner holding container being designed as a collapsible pouch element.
  - 2. A insulating vessel in accordance with claim 1, wherein:
- a lower housing part of said plurality of housing parts is designed as a cup-like basic element which accommodates other said housing parts and engaging each other in a tubular manner in a pushed-together position.
- 3. An insulating vessel in accordance with claim 1, wherein: said housing parts can be coupled with one another by locking elements in an extended position.
- 4. An insulating vessel in accordance with claim 1, wherein said pouch element is provided with a metal-coated insulating foil.
- 5. An insulating vessel in accordance with claim 1, wherein: said pouch element has a multilayer design with a flexible lattice structure arranged between two foil layers.
- 6. An insulating vessel in accordance with claim 1, wherein: said housing parts are provided with an inner insulating layer.

- 7. An insulating vessel in accordance with claim 1, wherein: said housing parts have a double-walled design and have an insulating layer between said double-walled design.
- 8. An insulating vessel in accordance with claim 7, wherein: said insulating layer is a vacuum insulating layer.
- 9. An insulating vessel in accordance with claim 1, wherein: a pull-out element is arranged in a top housing part of said housing parts in an area of an opening.
- 10. An insulating vessel in accordance with claim 9, wherein: said opening can be closed with a lockable drinking cup as a pull-out aid.
- 11. An insulating vessel in accordance with claim 1, wherein: said collapsible pouch is impermeable to fluids.
- 12. An insulating vessel in accordance with claim 2, wherein: said housing parts can be coupled with one another by locking elements in an extended position;

said pouch element is provided with a metal-coated insulating foil;

said pouch element has a multilayer design with a flexible lattice structure arranged between two foil layers;

said housing parts are provided with an inner insulating layer;

said housing parts have a double-walled design and have an insulating layer between said

double-walled design;

said insulating layer is a vacuum insulating layer;

a pull-out element is arranged in a top housing part of said housing parts in an area of an opening;

said opening can be closed with a lockable drinking cup as a pull-out aid; said collapsible pouch is impermeable to fluids.

## 13. An insulating vessel comprising:

a housing including a plurality of housing parts, said housing parts being telescopically connected between a compact position and an extended position, an inside of said housing parts defining a compact area in said compact position, and defining an extended area in said extended position, one of said housing parts defining a fluid opening;

a holding container inside said housing parts, said holding container having a fluid opening connected with said fluid opening of said one housing part, said holding container having fluid impermeable walls which fold in on themselves when said housing parts move from said extended position to said compact position, and said walls unfolding when said housing parts move from said compact position to said extended position in order to define a fluid holding cavity.

## 14. An insulating vessel in accordance with claim 13, wherein:

a material of said housing is more rigid than a material of said walls of said holding container.

- 15. An insulating vessel in accordance with claim 13, wherein: said housing is fluid permeable.
- 16. An insulating vessel in accordance with claim 13, wherein:a material of said housing is more insulating than a material of said holding container.
- 17. An insulating vessel in accordance with claim 13, wherein:

one of said housing parts is an outer housing part, more than half of a remainder of said housing parts are arranged inside said outer housing part when said housing parts are in said compact position;

more than half of said remainder of said housing parts are arranged outside said outer housing part when said housing parts are in said extended position.

- 18. An insulating vessel in accordance with claim 13, wherein: said housing parts have an outer protective layer and an inner insulating layer.
- 19. An insulating vessel in accordance with claim 18, wherein:
  said housing parts have a sliding layer cooperating with said outer protective layer of an adjacent housing part.
  - 20. An insulating vessel in accordance with claim 14, wherein: said housing is fluid permeable;

a material of said housing is more insulating than a material of said holding container; one of said housing parts is an outer housing part, more than half of a remainder of said housing parts are arranged inside said outer housing part when said housing parts are in said compact position;

more than half of said remainder of said housing parts are arranged outside said outer housing part when said housing parts are in said extended position;

said housing parts have an outer protective layer and an inner insulating layer;
said housing parts have a sliding layer cooperating with said outer protective layer of an adjacent housing part.